DINNER AT THE LAKE

BURGERS

served with waffle fries

Journey Burger 19.50

1/3 lb grass-fed beef | Journey sauce | raw cheddar | romaine | tomato | pickle | avocado

BBQ Bacon Burger 17.50 1/3 lb grass-fed beef | crispy bacon | BBQ sauce | white cheddar | crispy onions

Spicy Guac Burger 19.00

1/3 lb grass-fed beef | spicy guacamole | pepper jack | jalapeno | lettuce | tomato

Ciabatta Burger 19.50

1/3 lb grass-fed beef | ciabatta roll | chipotle aioli | pepper jack | fried egg | arugula | avocado

suggested add-ons:

\$0.50: lettuce, tomato, pickle, arugula, jalapeno, cheese (white cheddar, pepper jack, gouda, raw cheddar) \$1: grilled or crispy onions, arugula

\$2: avocado, bacon, fried egg

upgrades/substitutions:

The Impossible Burger (\$2) (V) GF Canyon Bakehouse bun (\$2) (GF)

SANDWICHES

served with a choice of arugula salad OR waffle fries

Grilled Chicken Pesto 16.00

grilled chicken | ciabatta roll | white cheddar | arugula | pesto | tomato | avocado suggested add-ons: fried egg (\$2), bacon (\$1.50)

Prosciutto Panini 14.75

crispy prosciutto | sourdough | mozzarella | balsamic | tomato | arugula | housemade cranberry sauce (on side)

One Lake Cheesesteak 14.00

sirloin steak | hoagie roll | pepper jack | grilled peppers +

The Mediterranean 12.00 (V)

sourdough (vegan) | hummus | pickled onion | roasted red pepper | cucumber | feta | kalamata olives | tomato | arugula

suggested add-on: avocado (\$1.50), chicken breast (\$5)

BLT-A 16.00

sourdough | crispy bacon | mayo | white cheddar | romaine | tomato | avocado

suggested add-on: fried egg (\$2)

SALADS

Arugula Salad | WHOLE: 9.00 | HALF: 6.00 (V) (GF) arugula | walnuts | cranberry | feta | balsamic vinaigrette

Greek Salad 10.25 (V) (GF)

romaine | olives | roasted red peppers | olive oil | cucumber | feta | tomato | quinoa | organic seasoning

Cobb Salad 15.75 (GF)

romaine | bacon | crispy chicken | avocado | tomato | egg | feta | creamy ranch

suggested add-on: pickled onion (\$0.50)

Stuffed Avocado Salad 12.00 (V) (GF)

smashed avocado | romaine | shredded carrots | organic cheddar | diced tomato | diced cucumber | vegan dressing | seasoning | raw sprouted pumpkin seeds

Chicken Caesar Salad | WHOLE: 12.00 | HALF: 7.50 grilled chicken | romaine | shaved parmesan | croutons | caesar dressing

FRIFS & MORE

Basket of Fries 8.00 (V) (GF) waffle fries | Journey sauce

*upgrade to sweet potato fries, onion rings, or garlic parmesan fries (\$1)

Loaded Lake Fries 15.00 (GF)

thinly-sliced sirloin | raw cheddar | grilled onions | jalapeno | pickled onion | green chili aioli

Chicken Tenders + Fries 14.00 (GF)

4 hand-breaded chicken tenders (gluten-friendly) | fries | Journey sauce

LIL' JOURNERS served with fries

Grilled Cheese 8.00

sourdough | white cheddar | mayo

Hot Dog 10.00

brioche bun | beef hot dog

Cheeseburger 13.00

brioche bun | 1/3 lb. grass-fed beef | white cheddar

Chicken Tenders (2) 10.00 (GF)

hand-breaded chicken (gluten-friendly) | Journey sauce

ADD-ONS & SUBSTITUTIONS

PRODUCE: arugula* | spinach* | romaine* | shredded carrot | tomato | cucumber | avocado | pickled onion | sweet corn | roasted red pepper | sprouted

PROTEIN: chicken | turkey | egg whites | egg frittata | bacon | quinoa*

CHEESE: pepper jack | gouda | white cheddar | raw cheddar* | feta | dairy-free cheddar

BREAD: sourdough (vegan) | spinach wrap | ciabatta | GF wrap | GF bread | bagel (plain or jalapeno cheddar) | english muffin | hoagie | brioche bun | GF bun **HOUSEMADE CONDIMENTS**: creamy ranch | creamy chipotle | onion aioli | green chili aioli | vegan spread | avocado lime | balsamic vinaigrette

CONDIMENTS: pesto | onion aioli | mayonnaise | veganaise | mustard | bragg's seasoning* | 'everything but the bagel' seasoning

GF - gluten-friendly V - vegetarian

COFFEE

ESPRESSO DRINKS

ESPRESSO (DOUBLE SHOT)

MACCHIATO

CORTADO

UNDERTOW

CAPPUCCINO

AMERICANO

LATTE

+housemade syrups: lavender, vanilla, cocoa, white cocoa, brown sugar, maple*, local honey*, sugar-free vanilla & seasonal

HOUSE BREW

HOUSE BREW

CAFE AU LAIT

POUR OVER

COLD BREW

FRENCH PRESS

BULLETPROOF

OTHER DRINKS

CHAI LATTE

MATCHA LATTE (sweetened or unsweetened)

TEA* by RISHI

KOMBUCHA

LEMONADE*

STEAMER

CRAFT BEER

SMOOTHIES

[plant-based smoothies served all day]

TROPICAL SUNRISE 9.00

mango* | banana | pineapple juice* | coconut milk | vanilla plant protein* | agave*

EPIC JOURNEY 9.00

peanut butter | cocoa powder | cacao powder | chocolate plant protein* | maple syrup* | almond milk

GREEN SUN 9.00

spinach* | banana | orange juice* | pineapple juice* | vanilla plant protein* | greens+ | agave*

STRAWBERRY BANANA DELIGHT 8.25

strawberry* | banana | coconut milk | agave*

PURPLE DRAGON 9.50

dragon fruit* | strawberry* | banana | orange juice | agave*

SMOOTHIE ADD-ONS & SUBS

MILKS: almond | oat | organic whole* | coconut | low fat

PLANT PROTEINS: chocolate* | vanilla*

PRODUCE: spinach*

FRUIT: strawberry* | banana | mango*

POWDERS: sweetened matcha* | unsweetened matcha* | cacao

OILS: MCT | coconut*

BUTTERS: cashew | almond | PB | grass-fed butter

EXTRAS: honey* | greens+ | agave*| maple* | collagen protein

SWEETTREATS

AFFOGATO 6.50**

double shot of espresso | The Good Scoop "cinnilla" ice cream

"THE GOOD SCOOP" OF ICE CREAM 5.00** ask for our current flavor selection

MILKSHAKES 8.50**

choice of: cinnilla, chocolate, cookies & cream, coffee, seasonal

*organic | **dairy free vanilla available +\$1.00

ALLERGEN WARNING: food prepared in this kitchen may contain or come in contact with dairy, wheat, soybeans, peanuts, tree nuts, etc.





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